



PARKVILLE CLASS SCHEDULE

Effective 02/01/2014

| Tiny Tigers (ages 3-6) | | |
|------------------------|----------|----------|
| Day | Start | End |
| Monday | 5:30 PM | 6:00 PM |
| Tuesday | 4:45 PM | 5:15 PM |
| Tuesday | 5:30 PM | 6:00 PM |
| Wednesday | 5:30 PM | 6:00 PM |
| Thursday | 4:45 PM | 5:15 PM |
| Thursday | 5:30 PM | 6:00 PM |
| Saturday | 10:00 AM | 10:30 AM |

| Beginner Program (ages 6 to 11) | | |
|---------------------------------|----------|----------|
| Day | Start | End |
| Monday | 6:00 PM | 6:30 PM |
| Tuesday | 4:45 PM | 5:15 PM |
| Tuesday | 6:00 PM | 6:30 PM |
| Wednesday | 6:00 PM | 6:30 PM |
| Thursday | 4:45 PM | 5:15 PM |
| Thursday | 6:00 PM | 6:30 PM |
| Saturday | 10:00 AM | 10:30 AM |

| Beginner Program (ages 12 and Up) | | |
|-----------------------------------|----------|----------|
| Day | Start | End |
| Monday | 7:15 PM | 8:00 PM |
| Tuesday | 4:45 PM | 5:15 PM |
| Tuesday | 6:00 PM | 6:30 PM |
| Wednesday | 7:15 PM | 8:00 PM |
| Thursday | 4:45 PM | 5:15 PM |
| Thursday | 6:00 PM | 6:30 PM |
| Saturday | 10:00 AM | 10:30 AM |

| Kids Leadership Program (ages 4 to 11) | | |
|--|----------|---------|
| Day | Start | End |
| Monday | 6:30 PM | 7:15 PM |
| Tuesday | 4:45 PM | 5:30 PM |
| Tuesday | 7:00 PM | 7:45 PM |
| Wednesday | 6:30 PM | 7:15 PM |
| Thursday | 4:45 PM | 5:30 PM |
| Thursday | 7:00 PM | 7:45 PM |
| Saturday | 10:30 AM | 11:15 |

| Leadership Program (ages 12 and Up) | | |
|-------------------------------------|----------|----------|
| Day | Start | End |
| Monday | 7:15 PM | 8:15 PM |
| Tuesday | 4:45 PM | 5:30 PM |
| Tuesday | 7:00 PM | 7:45 PM |
| Wednesday | 7:15 PM | 8:15 PM |
| Thursday | 4:45 PM | 5:30 PM |
| Thursday | 7:00 PM | 7:45 PM |
| Saturday | 10:30 AM | 11:15 AM |

| Black Belt Class and Mentors (LP2) | | |
|------------------------------------|----------|----------|
| Day | Start | End |
| Tuesday | 7:45 PM | 8:15 PM |
| Thursday | 7:45 PM | 8:15 PM |
| Saturday | 11:15 AM | 12:00 AM |

| Fitness Class (ages 16 and Up) | | |
|--------------------------------|---------|---------|
| Day | Start | End |
| Tuesday | 6:30 PM | 7:00 PM |
| Thursday | 6:30 PM | 7:00 PM |
| Saturday | 9:00 AM | 9:45 AM |

Private Lessons Available Upon Request
 Inquire with Instructor about Karate Birthday Parties
 FREE Bully Prevention and Safety/Self Defense Seminars Available

Class Notes : Please arrive at least 5 min before your scheduled class time. Tiny Tiger Parents: Please make sure your child goes to the restroom before class. In the event of poor weather conditions please call after 3pm on weekdays, after 7am on weekends for any class cancellations.