



2014 CLASS SCHEDULE

342C S. 291 Hwy., Liberty, MO 64068

816-415-2821

Schedule Effective 01/02/14. Subject To Change As Needed!

Tiny Tigers: Ages 4 - 6		
DAY	START	END
Monday	5:00 PM	5:30 PM
Monday	5:30 PM	6:00 PM
Tuesday	5:00 PM	5:30 PM
Tuesday	5:30 PM	6:00 PM
Wednesday	5:00 PM	5:30 PM
Wednesday	5:30 PM	6:00 PM
Thursday	5:00 PM	5:30 PM
Thursday	5:30 PM	6:00 PM
Saturday	9:00 AM	9:30 AM

K4K Leadership: Ages 4 - 11		
DAY	START	END
Monday	7:00 PM	7:45 PM
Tuesday	6:30 PM	7:15 PM
Wednesday	7:00 PM	7:45 PM
Thursday	6:30 PM	7:15 PM
Saturday	9:00 AM	9:30 AM

Black Belt Club: Ages 7 & Up		
DAY	START	END
Monday	6:00 PM	6:30 PM
Tuesday	6:00 PM	6:30 PM
Wednesday	6:00 PM	6:30 PM
Thursday	6:00 PM	6:30 PM
Saturday	9:00 AM	9:30 AM

Leadership Program: Ages 12 & Up		
DAY	START	END
Monday	7:45 PM	8:30 PM
Tuesday	7:45 PM	8:30 PM
Wednesday	7:45 PM	8:30 PM
Thursday	7:45 PM	8:30 PM
Saturday	9:00 AM	9:30 AM

Black Belt Training Class: All Ages		
DAY	START	END
Monday	8:30 PM	9:00 PM
Saturday	9:30 AM	10:00 AM

Golden Dragon Tournament Class			
DAY	GROUP	START	END
Tuesday	K4K	7:15 PM	7:45 PM
Thursday	TN & AD	7:15 PM	7:45 PM
Saturday	K4K	10:00 AM	11:00 AM
Saturday	TN & AD	11:00 AM	12:00 PM

Private / Semi-Private Lessons: All Ages			
DAY	SIGN UP	START	END
Friday	BY APPOINTMENT ONLY		

Hit It Hard Fitness Class		
DAY	START	END
Monday	6:30 PM	7:00 PM
Wednesday	6:30 PM	7:00 PM
Saturday	8:15 AM	8:45 AM

Mondays & Thursdays: Will focus on Weapons & Self Defense.
Tuesdays & Wednesdays: Will focus on Forms & Sparring.
Saturdays: 9:00AM – 9:30AM: Will be a Family Class. Any student may attend to work on Traditional Forms Technique.

- Please arrive at least 5 minutes before your scheduled class time.
- Tiny Tiger Parents: Please make sure your child goes to the restroom before class.
- In case of bad weather, please call after 3pm on weekdays, & 8am on Saturday for cancellation information: 816-415-2821.