



# CLASS SCHEDULE

GLADSTONE LOCATION (816) 459-7399

## Tiny Tigers – Basic

Day	Start	End
Monday	5:30 PM	6:00 PM
Tuesday	5:30 PM	6:00 PM
Wednesday	5:30 PM	6:00 PM
Thursday	5:30 PM	6:00 PM
Monday/Wednesday*	4:45 PM	5:30 PM
Saturday	10:00 AM	10:30 AM

## Karate for Kids – Basic

Day	Start	End
Monday	6:00 PM	6:30 PM
Tuesday	6:00 PM	6:30 PM
Wednesday	6:00 PM	6:30 PM
Thursday	6:00 PM	6:30 PM
Monday/Wednesday*	4:45 PM	5:30 PM
Saturday	10:00 AM	10:30 AM

## Karate for Kids – Leadership

Day	Start	End
Monday	6:30 PM	7:15 PM
Tuesday	6:30 PM	7:15 PM
Wednesday	6:30 PM	7:15 PM
Thursday	6:30 PM	7:15 PM
Monday/Wednesday*	4:45 PM	5:30 PM
Saturday	10:00 AM	10:45 AM

## Teens / Adults

Day	Start	End	Class
Monday	7:15 PM	8:15 PM	Sparring
Tuesday	7:15 PM	8:15 PM	BS, LP
Wednesday	7:15 PM	8:15 PM	LP
Thursday	7:15 PM	8:15 PM	BS, LP
Monday/Wednesday*	4:45 PM	5:30 PM	BS, LP
Saturday	10:00 AM	10:30/45 AM	BS, LP

## LEGEND

Friday	Specialty Classes, Private Lessons Available by Appointment Only
Day*	Family Class All Ages/Ranks
BS	Basic Program / Beginner
LP	Leadership Program / Advanced

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